

Press Release

Jagran New Media Strengthens Digital Health Ecosystem with the Launch of the OnlyMyHealth App

The new app offers doctor-verified, expert-led health and wellness content in English, Hindi, and Tamil, making reliable healthcare knowledge more accessible for millions

New Delhi, 21st August, 2025: Jagran New Media, the digital arm of Jagran Prakashan Ltd., is delighted to announce the launch of the OnlyMyHealth App, a one-stop app for reliable and expert-led health and wellness content. With this launch, India's leading health and lifestyle platform, trusted by 9.8 million users (Comscore MMX Multi-Platform, March 2025), further strengthens its vision of empowering people to lead healthier, more fulfilling lives.

With the launch of the OnlyMyHealth App, users can now enjoy instant access to authentic, expert-verified health updates and resources in English, Hindi, and Tamil, all at their fingertips. Designed to blend technology with credibility, the app offers a personalized and user-friendly experience, making it easier for individuals to explore health topics, get preventive care insights, and discover everyday wellness solutions.

Commenting on this launch, Gaurav Arora, COO of Jagran New Media, said: *"At Jagran New Media, our goal has always been to provide users with credible and useful content in the most engaging and accessible way. The launch of the OnlyMyHealth App is another step forward in this mission, bringing expert-verified health knowledge closer to users in multiple languages. We believe this app will not only simplify access to healthcare information but also encourage millions to adopt healthier lifestyle choices."*

The app is free to download and available on both **iOS and Android platforms**. It comes with features that allow users to seamlessly navigate between health categories, bookmark relevant articles, switch between light and dark modes, and access interactive multimedia content for a more engaging experience.

Jagran New Media continues to leverage innovation and digital technology to create inclusive platforms for users across India and beyond. With the OnlyMyHealth App, the company reinforces its commitment to building a healthier and more informed society by making authentic health and wellness knowledge accessible to everyone, anytime, anywhere.

Download the app now:

Visit the website: <https://www.onlymyhealth.com>

About Jagran New Media:

Jagran New Media has a reach of over 100 million users (*Comscore MMX Multi-Platform; March 2025) and has consolidated its position among the top news and information publishers in India. The company publishes multimedia content, which includes over 7,000 stories and 40 videos per day.

JNM is committed to producing factual & credible content that empowers New India with Knowledge, Information, & Voice towards an Inclusive & Progressive Society. The company has dedicated websites covering National & Hyperlocal news, which include www.jagran.com, www.naidunia.com, www.inextlive.com, www.punjabijagran.com, www.gujaratijagran.com, marathijagran.com, and thedailyjagran.com. A leading health website in 3 languages, www.onlymyhealth.com; a women-focused portal, www.herzindagi.com, in 3 languages; and a focused website for education, www.jagranjosh.com. A leading fact-checking website, www.vishvasnews.com, in 12 languages, and an in-house production house, rocketshipfilms.com, also contribute to the offering.

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